

**New!**

# Auditory Working Memory Exercises

Five new practical Captain's Log programs that focus on working memory and auditory attention

Suitable for children, adolescents, and adults

**Basic Mental Math**

Racing Robots



These exercises are practical! How much change will you receive? How long will it take you to run an errand and get back home?

**Careful Listening**

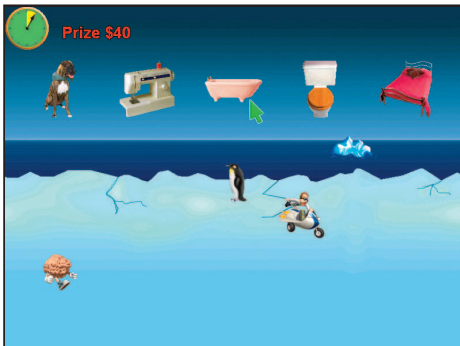
Bingo Discovery



Follow the spoken instructions as they become more and more complex. You must remember what to do even when the instructor changes her mind.

**Sequential Recall**

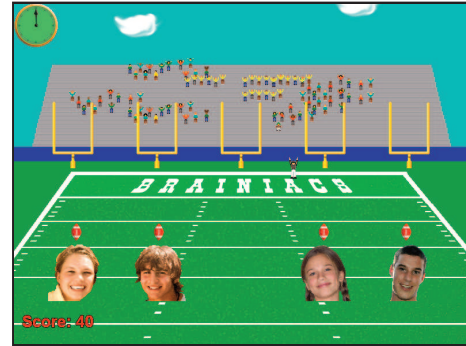
A Day at the Races



Learn to better remember chores, grocery lists, and directions. Improve your working memory by recalling lists in sequential order.

**Reverse Recall**

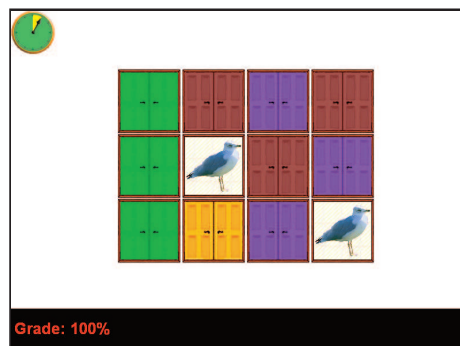
Touchdown!



Improve your memory for names of people, meeting times, and shopping lists. Remember what you hear in reverse order.

**Learning Sets**

Eureka!



Eureka is an auditory concentration game. Match pictures by what you hear, not what you see!

## Why is working memory so important?



Working memory is the ability to retain new information and manipulate it at the same time. Research supports that developing working memory can lead to significant improvements in executive functioning. Everyone can improve their thinking skills by increasing their working memory.

Visit [www.braintrain.com](http://www.braintrain.com)  
or call **1-800-822-0538**  
for more information.